



# Cowtales

Fresh from moo to you.



Cowtales • Summer 2009

## A Big Howdy-do

Thanks for your interest in the Shetler Family Dairy. Located just six miles east of Kalkaska off M-72, we provide old-fashioned glass bottled milk, yogurt, tea and ice cream both on-site and in local northern Michigan stores. Here on the farm, we're always up to something good. Stay current by e-mailing us at [shetlerdairy@yahoo.com](mailto:shetlerdairy@yahoo.com). We'll add you to our list.

Oh, and don't forget to drink your milk!

## Why drink Shetler Milk?

To see the nutritional benefits of drinking milk free of hormones and antibiotics – like the kind we produce – visit [www.shetlermilk.com](http://www.shetlermilk.com).

## Summer Happenings



This summer we're serving up our own hand-dipped ice cream. We've also added a brand spanking new play area for kids. And, you and the family can tour\* our dairy, visit the calves, chickens and miniature horses and sample all our farm fresh products.

### Store Hours

Monday-Thursday

11am - 7pm

Friday-Saturday

11am - 8pm

\*Please call in advance for tours.

## Milkman Minutes

### Ice Cream

The long wait is finally over – Shetler Dairy ice cream has arrived! Our custard style ice cream is 100% all natural (Except for the Oreos we use in our Cookies 'n Cream – trust us, it's worth it). Current flavors include Vanilla, Mint 'n Chip, Chocolate Chip, Chocolate, Cookies 'n Cream, Chocolate Peanut Butter and Nutty Chocolate. We'll be adding new flavors soon. Our team is testing them day and night – it's a rough job, but someone's got to do it.

### Yogurt Smoothies

Our Yogurt Smoothies have had a recent overhaul. They're now made with organic fruit blended with organic sugar and added to our Plain Yogurt, but we've included Organic Pureé made for us locally by *Food for Thought*. The blueberry and strawberry flavors are better than ever, the new peach is amazing and we should be offering raspberry again soon.

## Farmer Pete's Field Report

Ahh, the growing season. Calves should start arriving any day now, we're getting all the equipment ready for planting corn and making hay, the cows are in the pasture and the air is rich with the smell of compost. Apologies to anyone down wind.

We're adding some new technology this year with a pasture irrigation system that will help us with efficient water conservation as well as keep our fields healthy in drought season. And, two more milking units have joined the team. Turns out, in the game of *farmer vs. cow*, the cows were winning.

Also, we're using some more traditional farming methods. This year we're raising a larger number of pigs in a native habitat – the woods. Our pigs will spend the summer lounging, digging and eating in the shade. Sounds like the good life to me.

## Give Us A Holler

We're all about chewing the fat with you. Call us at 231-258-8216. [www.shetlermilk.com](http://www.shetlermilk.com)